

**EDSON CHIPALO, MSW,**  
University of Alabama  
School of Social Work, Tuscaloosa, AL 35401  
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## **EDUCATION**

- Aug 2019 – Present                      **Doctor of Philosophy, Social Work (GPA: 4.0) – expected August 2022**  
*University of Alabama, School of Social Work, Tuscaloosa, AL*  
*Dissertation title: The prevalence of PTSD & its association with exposure to  
Violence among children in Nyarugusu Refugee Camp in  
Tanzania*
- July 2017 – May 2018                    **Master of Science, Social Work**  
*Columbia University, Columbia School of Social Work, New York, NY*
- Aug 2015 – May 2017                    **Bachelor of Science, Social Work (Summa Cum Laude)**  
*The College of Saint Rose, Albany, NY*
- Sep 2013 – May 2015                    **Associate of Science in Human Services (GPA: 4.0)**  
*Berkshire Community College, Pittsfield, MA*

## **LANGUAGES**

English, Bemba, Nyanja, Chichewa, Tonga, Soli, Bisa and Lala.

## **RESEARCH INTERESTS**

Refugees and immigrants, substance use, global mental health, mental health, cancer awareness, domestic violence and children

## **RESEARCH EXPERIENCE**

- Nov 2019 – Present                      **Graduate Research Assistant**  
*University of Alabama, School of Social Work, Tuscaloosa, AL*
- Collect data, conduct surveys, interviews, data analysis, and writing manuscripts.
  - Conduct literature reviews and final manuscripts for HRSA funded projects (PI: Hee Lee).
  - Support research on child mental health in Ugandan schools (PI: Catherine Carlson).
  - Support research on substance Use (PI: Lewis Lee)
- Sept 2017 – May 2018                    **Program Evaluation & Research Intern**  
*English Speaking Union of the United States (ESU), New York, NY*
- Participated in designing survey instruments to use in research and program evaluation for English as Second Language (ESL) students.
  - Collected data, managed database and performed descriptive and other statistical data analysis and writing reports.

## **PEER REVIEWED PUBLICATIONS**

- Chipalo, E.** (2021). Is Trauma Focused-Cognitive Behavioral Therapy (TF-CBT) Effective in Reducing Trauma Symptoms among Traumatized Refugee Children? A Systematic Review. *Journal of Child & Adolescent Trauma*, 1-14. <https://doi.org/10.1007/s40653-021-00370-0>
- Suntai, Z., Smith, N.L., **Chipalo, E.**, Kubanga, K., & Won, C. (2021). Effectiveness of support groups for caregivers of traumatic brain injury survivors. *Journal of Evidence-Based Social Work*. <https://www.tandfonline.com/doi/full/10.1080/26408066.2021.1925613>
- Choi, E. Y., Kim, Y., **Chipalo, E.**, & Lee, H. Y. (2020). Does Ageism Widen the Digital Divide? And Does It Vary by Gender? *Innovation in Aging*, 4(Suppl 1), 315. <https://doi.org/10.1093/geroni/igaa057.1007>

## **MANUSCRIPTS UNDER REVIEW**

- Hee, Y., L., & **Chipalo, E.**, Luo, Y., Kanthawala, S., & Mi Hwa Lee. (in review). The Role of Technology Use and Social Media for Health in HPV Awareness: A Comparison Across Age Groups. *Vaccine Journal*.
- Chipalo, E.**, (in review). Factors Associated with Justification of Spousal Sexual Violence in Zambia: Evidence of the 2013-2014 Zambia Demographic and Health Survey. *A Journal for Diverse Perspectives on Diverse Psychological Issues*.
- Chipalo, E.**, (in review). Factors Associated with Supplemental Nutrition Assistance Program (SNAP) Among Refugee Recipients in the United States. *International Journal of Environmental Research and Public Health*.
- Lee, H.L., & Luo, Y., **Chipalo, E.**, & Chiahung, C. (2021). Associated Factors with Female Screening Cancer Awareness in the Black Belt Region of Alabama. *Families In Society*.

## **MANUSCRIPTS IN PROGRESS**

- Chipalo, E.**, (in preparation). Male circumcision and HIV Awareness Among Men in Zambia: Evidence from Demographic and Health Surveys.
- Allen, E., Carlson, C., **Chipalo, E.**, Devries, K., Knight, L., Naker, D., Namy, S., & Pala, A.C., (in preparation). The association of school-related factors and children's internalizing and externalizing mental health symptoms in Uganda.
- Lee, H., **Chipalo, E.** & Kim, J. (in preparation). Older Adults' Internet Use and Depressive Symptoms by Gender: Findings from 2015 National Health and Aging Trends Study
- Lee, H., Kim, J., & **Chipalo, E.**, (in preparation). Does Social Technology Use Affect Social Engagement in Older Adults? Identification of Differences by Racial/Ethnic Groups
- Carlson, C. & **Chipalo, E.** (in preparation). Feasibility and acceptability of IPT in Ugandan Schools: A pilot study
- Lee, H.L, Kim, J., & **Chipalo, E.**, (in preparation). Work Effects on Individual Levels of Substance Use among Formerly Detained Emerging Adults.
- Carlson, C., Luo, Y., Namy, S., Ollerhead, M & **Chipalo, E.** (in preparation). Mental health impact of trauma-informed yoga intervention with survivors of human trafficking.
- Carlson, C. & **Chipalo, E.** (in preparation). Leveraging data science to advance health services and implementation research: The case of school mental health

Hee, Y.L., Eyer, J., Won, C.R., Sawyer, M. & **Chipalo, E.** (in preparation). A Qualitative Study of Barriers and Facilitators to Opioid Prevention, Treatment, and Recovery in Rural Alabama.

### **CONFERENCE PRESENTATIONS**

Choi, E.Y., Kim, Y., **Chipalo, E.**, & Lee, H.Y., (2020). Does Perceived Ageism Widen the Digital Divide? And Does It Vary by Gender? *The Gerontological Society of America (GSA) 2020 Annual Scientific.*

**Chipalo, E.**, (2021). Is Trauma Focused-Cognitive Behavioral Therapy effective in reducing trauma symptoms for traumatized refugee children? A systematic review. *Society for Social Work and Research (SSWR) held virtually January 19-22, 2021.* <https://sswr.confex.com/sswr/2021/webprogram/Paper41220.html>

### **CONFERENCE PRESENTATION SUBMITTED**

Lee, H.L, Kim, J., & **Chipalo, E.**, Work Effects on Individual Levels of Substance Use among Formerly Detained Emerging Adults.

**Chipalo, E.**, Understanding Factors Associated with Justification of Spousal Sexual Violence in Zambia. *Society for Social Work and Research.*

**Chipalo, E.**, Factors Associated with Receiving Supplemental Nutrition Assistance Program (SNAP) Among Resettled Refugees in the U.S. *Society for Social Work and Research*

### **FELLOWSHIPS & SCHOLARSHIPS**

2021	Board of Friends Summer Scholarship (\$4000).
2020 – 2021	Graduate Council Fellowship (for current students), University of Alabama (\$59,980).
2019 – 2020	Graduate Council Fellowship (for incoming students), University of Alabama (\$59,450).
2017 – 2018	Merit-Based Scholarship, Columbia University, School of Social Work (\$76,000).
2015 – 2017	Academic Scholarship, The College of Saint Rose (\$37,000).
2016	Marylyn Douglas Scholarship for International Students, The College of Saint Rose (\$5,000).
2015	Phi Theta Honors Society Transfer Scholarship (\$1,500).
2015	Student Government Transfer Scholarship, BCC to College of Saint Rose (\$3,000).
2014 – 2015	New World Fund Scholarship, Berkshire Taconic Foundation (\$7,500).
2015	Kimsook & Emory Scholarship for International Students, Berkshire Community College (\$3,500).
2013	Berkshire Community College Foundation Scholarship, Berkshire Community College (\$1,500).

### **AWARDS**

2016 – 2017	The Class of 2017 Academic Excellence Award, The College of Saint Rose.
2016 – 2017	Male Senior Scholar Athlete of the Year, The College of Saint Rose.
2014 – 2015	Academic Excellency Honors Convocation Award, Berkshire Community College.
2014 – 2015	Student Leadership Award, Massachusetts Community College Associations.

## **TEACHING EXPERIENCE**

Aug 2021 -----Present

### **Social Work Instructor**

School of Social Work, University of Alabama, Tuscaloosa, AL  
SW 200 – History of Social Welfare in the United States

Aug 2020 – Dec 2020

### **Graduate Teaching Assistant**

School of Social Work, University of Alabama, Tuscaloosa, AL  
SW 532 – Models & Methods of Social Work Practice with Adults in Mental Health  
SW 532 – Mental Health Skills Lab

- Planning lessons and teaching some of the materials related to mental health issues
- Organizing and facilitating small group activities
- Grading assignments, research papers and exams

August 2020

College of Continuing Studies, University of Alabama

Received: *Go the Distance – Online Teaching Best Practices Advanced Certificate*

October 2020

### **Guest Lecturer, SW 532 MSW Students**

School of Social Work, University of Alabama

Mental Health Practice with Diverse Racial and Ethnic Groups in the U.S

## **DIRECT PRACTICE EXPERIENCE**

Oct 2019 – Feb 2020

### **Interpersonal Psychotherapy (IPT) Tele-mental Health Clinician**

*University of Alabama, Childhood Development Center, Tuscaloosa, AL*

- Provided IPT clinical sessions to adolescents in rural Alabama schools with depression via video conference telemedicine, as part of feasibility study funded by the Alabama Life Research Institute (PI: Blake Berryhill).

June 2018 – June 2019

### **Children's Mental Health Clinician/Emergency Psych Clinician**

*Akeela Inc., Ketchikan, Alaska*

- Provided direct clinical services such as individual, group, family therapy and crisis intervention for clients.
- Provided clinical assessments, treatment plans, treatment plan reviews, and progress notes in compliance with Akeela, State, JC/CARF, Medicaid, insurance, and other required timeframes.
- Provided mental health assessments, diagnosis and treatment.

Aug 2016 – May 2017

### **BSW Health Access and Resettlement Intern**

*U.S Committee for Refugees & Immigrants (USCRI), Albany, NY*

- Coordinated access to health care, education, employment preparation and placements, and building self-sufficiency and professional translators for newly arrived refugees.
- Conducted linguistically and culturally appropriate Enhanced Health Education Orientation for newly arrived refugees.
- Conducted intake, case management, and service coordination to assess the health needs of the refugees, including managing hospital medical appointments.

Jan 2016 – May 2016

### **BSW Juvenile Justice Intern**

*Youth Life Support Network Services, Schenectady, NY*

- Collaborated with attorneys and prosecutors to provide public safety and commitment to work with high-risk youth and their families through community outreach, violence intervention, and education support and health recreation activities to juveniles throughout the Capital District in New York.

Sept 2014 – Dec 2014

**Human Services Intern**

*Berkshire United Way, Pittsfield, MA*

- Coordinated and led program activities of the Pittsfield Prevention Partnership through developing strategies regarding policy, processes, programs, and partnerships.
- Identified, prioritized, and implemented environmental strategies to decrease and alleviate local youth substance use.

July 2012 – June 2013

**Residential Support Worker**

*Camphill Ghent Elderly Care Initiative, Chatham, NY*

- Monitored and responded to emergencies in an appropriate and timely manner as per training received for vulnerable older people in the facility.
- Provided individual and group social/recreational activities to older people at the facility.
- Assisted housekeeping by preparing meal services, cleaning, and maintain safe environment for residents.

Aug 2010 – July 2012

**Registered Childworker**

*Camphill Rudolf Steiner Schools Ltd, Aberdeen, Scotland, U.K*

- Provided physical, emotional, spiritual, vocational and recreational needs for children with challenging behavior both at home and school environment.
- Worked and lived alongside the children and encouraged them to achieve the highest level of independence in personal care and relationships.
- Assisted in teaching basic math, art and literacy skills to children with autism and other disabilities.
- Responded to children's individual needs by respectfully supporting them with their personal hygiene, dress, eating and, where needed, administering medication.

Oct 2009 – July 2010

**Residential Support Worker**

*Camphill School Hermanus, South Africa*

- Provided support to children to school, personal and medical appointments and outdoor activities.
- Worked and lived alongside the children and encouraged them to achieve the highest level of independence in personal care and relationships.
- Assisted in teaching basic math, art and literacy skills to children with autism and other disabilities.

March 2008 – Sep 2009

**Community Mobilization Officer**

*Children In Crisis (CIC), Lusaka, Zambia*

- Carried out baseline surveys to gather information about the problems in the community.
- Conducted home and school visits to orphans and vulnerable children and families, gathered and compiled necessary information and provided high quality services, quality data entry and safeguarded it.
- Provided guidance on child and sponsor correspondence for more than 5000 orphans and vulnerable children in five districts in Zambia.
- Implemented, monitored and evaluated programs for orphans and vulnerable children, and supervised community caregivers working with orphans and vulnerable children.

## CERTIFICATES

Summer 2020	Global Mental Health Certificate, Teachers College, Columbia University.
Summer 2019	Interpersonal Psychotherapy (IPT) for Adolescents, University of Alabama.
Summer 2018	Mental Health First Aid Training, American Mental Health First Aid.
2012 – 2013	Certificate in Anthroposophical Social Therapy, Camphill Academy, Copake, NY

## SERVICE

2020 – Present	<b>Board member</b> , Diversity Committee Board, University of Alabama School of Social Work, Tuscaloosa, AL
2021 – Present	<b>Assistant cross-country coach</b> , American Christian Academy, Tuscaloosa, AL
2015 – 2017	<b>Orientation Leader</b> , <i>The College of Saint Rose, Albany, NY</i> <ul style="list-style-type: none"><li>• Represented college on all campus activities</li></ul>
2014 – 2015	<b>Community College Segmental Advisor</b> , <i>Department of Higher Education, Boston, MA</i> <ul style="list-style-type: none"><li>• Elected to serve as a voice of students to represent them at the Board of Higher Education</li></ul>
2014 – 2015	<b>Student Board of Trustee</b> , <i>Berkshire Community College, Pittsfield, MA</i> <ul style="list-style-type: none"><li>• Elected by Student Government Association to represent students in the College Board</li></ul>
2014 – 2015	<b>Student Ambassador</b> , <i>Berkshire Community College, Pittsfield, MA</i> <ul style="list-style-type: none"><li>• Served as an official ambassador to the Berkshire Community College on all campus activities</li></ul>
2013 – 2015	<b>Cross Country Team Captain</b> , <i>Berkshire Community College, Pittsfield, MA</i>

## SPEAKING ENGAGEMENTS

May 2021	Commencement Speaker 2021, The College of Saint Rose, Albany NY
December 2017	The College of Saint Rose Alumni Speaker, The College of Saint Rose, Albany, NY

## MEMBERSHIP

- Phi Alpha Honor Society
- Phi Theta Kappa Honors Society
- Council on Social Work Education
- Society for Social Work Research