

Resume Action Words by Category (Past Tense)

1. Did you start something?

Activated	Formed	Initiated	Opened
Adopted	Founded	Instituted	Originated
Began	Generated	Introduced	Started

Established Implemented Launched Undertook

2. Did you think up something new?

Conceived	Devised	Invented	Solved
Conceptualized	Discovered	Originated	Synergized
Created	Generated	Perceived	Synthesized
Designed	Improvised	Pioneered	Visualized

Developed Innovate Shaped

3. Did you provide something?

Dispensed	Installed	Presented	Responded
Distributed	Offered	Provided	Submitted
Fitted	Performed	Rendered	Supplied

Furnished

4. Did you make something?

Assembled	Drew	Made	Programmed
Built	Engineered	Painted	Published
Composed	Fabricated	Photographed	Sketched
Constructed	Fashioned	Prepared	Used
Drafted	Formed	Produced	Worked

5. Did you obtain something new?

Acquired	Expanded	Purchased	Secured

Bought Obtained Raised Solicited

Collected Procured Realized

Cultivated Produced Received

6. Did you improve things?

Advanced	Enlarged	Increased	Surpassed
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Augmented Enriched Modernized Streamlined

Corrected Expedited Reduced Treated

Cultivated Extended Resolved Updated

Developed Implemented Revitalized Upgraded

Enhanced Improved Solved

7. Did you make changes?

Adapted Extended	Refined	Standardized
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Adopted Extracted Reorganized Supplemented

Centralized Implemented Restored Systematized

Combined Improvised Restructured Synergized

Condensed Modified Revised Tailored

Converted Reconstructed Separated Unified

Edited Redesigned Simplified United

Expanded

8. Did you discover something?

Ascertained	Discovered	Perceived	Solved

Determined Found Pinpointed Uncovered

Detected Identified Proved Verified

Diagnosed Learned Recognized

9. Did you save the day?

Averted	Prevented	Saved	Succeeded
Diverted	Salvaged	Solved	Withstood

Prevailed

10. Did you finish something?

Achieved	Concluded	Finalized	Reached
Accomplished	Ended	Finished	Realized
Attained	Established	Fulfilled	Terminated

Completed Executed

11. Did you evaluate something?

Analyzed	Compared	Perceived	Rated
Appraised	Evaluated	Qualified	Reasoned
Assessed	Judged	Quantified	Reviewed

12. Did you observe or pay special attention to something?

Addressed	Investigated	Perceived	Studied
Examined	Inspected	Questioned	Surveyed
Experimented	Measured	Read	Tested
Explored	Observed	Researched	Weighed

13. Did you make decisions?

Activated	Approved	Decided	Resolved
Adopted	Concluded	Determined	Settled

14. Did you negotiate?

Arbitrated	Mediated	Reasoned	Settled
Balanced	Moderated	Reconciled	Solved
Intervened	Negotiated	Resolved	

15. Did you organize something?

Arranged	Complied	Coordinated	Prepared
Assembled	Compiled	Correlated	Structured

Categorized Connected Implemented Summarized

Collected Consolidated Organized Systematized

Combined

16. Did you operate something?

Conducted	Handled	Performed	Repaired
Controlled	Implemented	Troubleshoot	Tended
Fixed	Maintained	Ran	Used
Functioned	Operated	Rebuilt	Worked

17. Did you document something?

Certified Logged Recorded Supported

Charted Mapped Researched Tabulated

Documented Proved Substantiated

18. Did you explain something?

Defined Detailed Elucidated Explained

19. Did you make connections?

Aligned Connected Matched Merged

Networked

20. Did you understand something?

Attributed Grasped Perceived Translated

Discerned Interpreted Transcribed

21. Were you responsible?

Assured Ensured Protected Secured

Confirmed Guaranteed Satisfied Inspected

Delivered Guarded Safeguarded

22. Were you future-oriented?

Estimated	Deterred	Predicted	Projected
Forecasted	Hypothesized	Prevented	Strategized

23. Did you work with people?

Advised	Guided	Mentored	Reinforced
Coached	Influenced	Motivated	Rehabilitated
Convinced	Informed	Persuaded	Served
Counseled	Inspired	Prescribed	Taught
Educated	Instructed	Probed	Trained

24. Were you part of a team?

Facilitated

Advised	Conferred	Fostered	Participated
Aided	Consulted	Helped	Served
Assisted [DO NOT USE]	Cooperated	Joined	Teamed with

Recommended

Tutored

Collaborated Facilitated Met with

Listened

25. Did you manage or lead?

Acted	Governed	Led	Performed
Administered	Handled	Maintained	Piloted
Advised	Headed	Managed	Processed
Conducted	Implemented	Motivated	Scheduled
Controlled	Inspired	Navigated	Showed
Directed	Influenced	Ordered	Supervised
Facilitated	Integrated	Oversaw	Used

Fostered

26. Did you supervise employees?

Appointed	Employed	Hired	Referred
Awarded	Enforced	Interviewed	Selected
Enlisted	Evaluated	Nominated	Staffed
Elected	Fired	Recruited	Terminated

27. Did you communicate something?

Communicated	Lectured	Related	Spoke
Demonstrated	Modeled	Reported	Submitted
Displayed	Persuaded	Represented	Symbolized
Dramatized	Presented	Shared	Verbalized
Explained	Proposed	Showed	Wrote

Publicized

28. Personal Descriptors

Illustrated

Able	Confident	Intelligent	Risk-taking
Accommodating	Dynamic	Intuitive	Self motivated
Accountable	Effective	Leading edge	Sensitive
Analytical	Effective writer	Learning	Serious
Articulate	Energetic	Open	Service-oriented
Authentic	Enthusiastic	Organized	Sincere
Autonomous	Experienced	Perceptive	Skilled
Available	Flexible	Powerful	Straight-forward
Catalytic	Growth-oriented	Producing	Supportive
Challenged	Hardworking	Professional	Talented
Clear thinker	Humorous	Quality-oriented	Team Contributor
Committed	Initiator	Quick-study	Thorough
Compassionate	Insightful	Results-oriented	Versatile
Concerned			