RAHIM THAWER

LMSW (Alabama) | RSW (Ontario) | CCS (Canada) | DSW Candidate
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LEADERSHIP PROFILE

- Clinical and organizational leader, educator, consultant, and Doctor of Social Work candidate with 15+ years of experience across higher education, healthcare, mental health, nonprofit organizations, professional education, and community-based systems.
- Experience spans strategic and operational planning, program and service development, curriculum leadership, clinical operations, quality improvement, workforce development, supervision, governance, stakeholder engagement, and organizational change.
- Brings a systems-oriented leadership approach that combines structured planning and evaluation, relational and reflective practice, and attention to the organizational dynamics that shape implementation, team functioning, accountability, and change.

LEADERSHIP CAPABILITIES

- Strategic & Operational Leadership
  Planning, implementation, service infrastructure, workflow redesign, organizational change
- Program & Service Development
  Academic curricula, clinical programs, funded initiatives, professional education, community programming
- People Leadership & Workforce Development
  Supervision, staff development, facilitator training, performance feedback, professional learning
- Stakeholder & Partnership Engagement
  Universities, healthcare organizations, nonprofits, funders, community networks, international partners
- Higher Education & Student Development
  BSW/MSW governance, admissions, curriculum development, mentoring, online and multimodal education
- Clinical & Mental Health Leadership
  Residential mental health, community health, HIV, youth, cancer, LGBTQ+ and newcomer services
- Quality Improvement & Evaluation
  Accreditation readiness, program evaluation, process mapping, implementation tools, continuous improvement
- Governance, Policy & Standards
  Board governance, academic committees, clinical standards, policy development, unionized environments
- Project & Resource Management
  Workplans, timelines, milestone billing, subcontracting, funded-program delivery, fundraising and resource planning
- Community Engagement & Equity
  Community consultation, culturally responsive program design, national convenings, marginalized communities
- Research & Knowledge Translation
  Doctoral research, community-based research, evaluation, books, practice resources, public scholarship
- Executive Communication & Facilitation
  200+ presentations, lectures, workshops, and professional trainings across multiple countries

STRATEGIC LEADERSHIP & ORGANIZATIONAL EXPERIENCE

Founder & Principal Consultant
The Politicized Practitioner | Clinical & Organizational Consulting | 2014–Present

- Lead consulting engagements across healthcare, nonprofit, higher education, and community settings focused on strategic planning, organizational change, workforce development, program design, and team effectiveness.
- Manage engagements from needs assessment and proposal development through workplanning, stakeholder consultation, facilitation, implementation support, evaluation, and follow-up, including milestone billing, subcontracting, timelines, and client deliverables.
- Design and facilitate organizational-effectiveness, workflow, and process-mapping initiatives to clarify roles, identify operational barriers, strengthen project and service flow, and support implementation.

- Advise leaders and teams navigating organizational growth, conflict, burnout, strategic transitions, and workforce strain, combining structured planning with attention to culture, relationships, and the human dimensions of change.
- Have designed and delivered 100+ customized workshops and organizational learning engagements for clinicians, educators, nonprofit leaders, and service providers across Canada and Europe.

Strategic Consultant, Clinical Operations
Victoria Wellness Residential Mental Health Centre | Ontario | 2024–2026
- Advised leadership on clinical operations, program design, service standards, organizational development, and implementation within a residential mental health setting.
- Developed and refined clinical infrastructure spanning intake, assessment, treatment planning, program curricula, client agreements, evaluation tools, practice resources, and operational procedures.
- Supported quality improvement, policy development, and accreditation readiness, including clinical procedures, medication-related protocols, confidentiality standards, and other operational resources.
- Led staff-development initiatives through reflective supervision, clinical consultation, performance feedback, and tools supporting practice consistency and ongoing professional learning.
- Consulted on team functioning, service delivery, and organizational change to strengthen accountability, care quality, staff capability, and program effectiveness.

Instructor & Affiliate Graduate Faculty
School of Social Work, The University of Alabama | 2024–Present
- Contribute to BSW and MSW program leadership through curriculum development, program planning, admissions review, student mentorship, and continuous quality-improvement activities within a large R1 university.
- Serve on both BSW and MSW Program Committees and as a content expert and curriculum developer for undergraduate and graduate courses aligned with CSWE competencies and Quality Matters principles.
- Contribute to school-wide and university initiatives related to digital literacy, online pedagogy, curriculum innovation, community engagement, and professional education.
- Rated **"Exceeds Expectations"** for professional service based on school-wide and community engagement, curriculum and program development, and active BSW/MSW committee service.

Mental Health Clinical Coordinator / Group Program Coordinator
Sherbourne Health | Toronto, Ontario | 2014–2020
- Coordinated mental health programming, intake and referral pathways, documentation processes, practicum placements, and interdisciplinary collaboration across LGBTQ+, newcomer, and urban-health services.
- Recruited, supervised, and mentored graduate practicum students and coordinated relationships among learners, academic institutions, clinical programs, and internal teams.
- Streamlined group-program delivery and referral processes while contributing to service development, equity and access initiatives, trauma-informed programming, and clinical quality improvement.

Core Team Lead & Community Organizer
Salaam Canada | National | 2012–2022
- Held national leadership responsibilities spanning strategic planning, program development, volunteer engagement, fundraising, partnerships, community consultation, and organizational sustainability within an LGBTQ+ Muslim community organization.
- Helped secure and implement government-funded national peer-support programming during COVID-19 and led fundraising and partnership development supporting national convenings focused on peer-support capacity building and community-informed resource development.
- Recruited, trained, and supervised a national network of 12+ peer-support facilitators and supported volunteer orientation, leadership development, debriefing, and program quality.
- Participated in international strategic planning through the Global Queer Muslim Network, including cross-organizational collaboration in Europe and South Africa.
- Built relationships with community organizations, faith leaders, healthcare providers, researchers, funders, and LGBTQ+ networks to strengthen programming, community reach, and responsive resource development.

GOVERNANCE, PEOPLE LEADERSHIP & PROFESSIONAL SERVICE

Board Member
Gestalt Institute of Toronto | 2023–Present
- Contribute to Board governance, strategic planning, organizational development, and stewardship of a postgraduate institute focused on psychotherapy, supervision, and professional education.
- Advise on institutional decision-making related to educational mission, organizational sustainability, professional standards, and future growth.
- Serve as Co-Convener, International Gestalt Conference, Shanghai | April 2027, contributing to program development, stakeholder coordination, international engagement, and conference planning.

Faculty Fellow, Digital Literacy in the Core Initiative
The University of Alabama | 2026–Present
- Participate in a university-wide initiative supported by the Office for General Education and Office of Academic Affairs to expand digital-literacy learning within the core curriculum.
- Collaborate with faculty and instructional-development partners through structured curriculum workshops to integrate digital-literacy outcomes into core social and behavioral science coursework.

Peer Support Skills Trainer
Desi Rainbow Parents & Allies | North America | 2021–Present
- Serve as lead peer-support skills trainer for volunteer-led programming across North America, designing and delivering recurring training for facilitators supporting South Asian families with LGBTQ+ loved ones.
- Use simulation, structured debriefing, cultural humility, and community-engaged learning to strengthen facilitator readiness, judgment, and confidence.
- Collaborate with organizational leadership to align training with program growth, community needs, and evolving volunteer-development priorities.

Clinical Supervisor, External
Healthcare & Community Mental Health Organizations | 2018–Present
- Provide external supervision and consultation to frontline and management staff across community health, HIV services, sexual-violence response, and mental health settings.
- Support professional development, complex case consultation, reflective practice, ethical decision-making, and team functioning across varied organizational contexts.
- Facilitate individual and group consultation focused on service-delivery dynamics, professional boundaries, relational patterns, and the impact of organizational context on practice.

Steering Committee Member
The Sexploration Project | Robert Wood Johnson Foundation-funded | 2023–Present
- Provide strategic guidance to a multidisciplinary initiative focused on sexuality education, research translation, and public engagement.
- Contribute expertise in mental health, sexuality, LGBTQ+ wellbeing, professional education, and community-engaged knowledge translation.

Co-Founder & Program Strategist
Ismaili Queers | 2009–2015
- Co-founded and helped lead a peer and advocacy network for queer and trans Ismaili Muslims, developing community forums, peer-support structures, leadership initiatives, and institutional engagement strategies.
- Built relationships with community members, allies, and institutional stakeholders while supporting education, resource development, and dialogue around faith, sexuality, identity, and mental health.

PROGRAM, CURRICULUM & SERVICE DEVELOPMENT

Academic Curriculum Development

The University of Alabama | 2025–Present

- Serve as content expert and curriculum developer for undergraduate and graduate social work courses, including *Reform and Resistance: The Development of Social Welfare in the United States*, *Introduction to Substance Use and Social Work Practice*, and *Advanced Generalist Practice III: Mental Health Intervention Across the Lifespan*.
- Design course architecture, learning activities, assessments, case-based materials, and skills applications aligned with CSWE competencies and accreditation expectations; three courses have been developed using Quality Matters-aligned design principles.

Selected Community & Mental Health Programs

Love and Sex in the Age of Apps | Ontario HIV Treatment Network-funded | 2023–2024

- Developed a structured group intervention, facilitator guide, curriculum, exercises, and implementation resources supporting older gay, bisexual, and queer men navigating intimacy, sexuality, connection, and relationships.

International Student Sexual Health & Wellness Resources | Ontario HIV Treatment Network-funded | 2023

- Conducted environmental scanning and developed evidence-informed resources supporting international students with sexual health, identity, relationships, service navigation, and access to affirming health and social services.

Crescent Moon: Supporting Family Members of LGBTQ Muslims | SSHRC-funded | 2022

- Translated community-based research into a facilitator guide, psychoeducational curriculum, and implementation resources supporting family engagement, facilitator preparation, and community uptake.

Do You Mind? Community Mental Health Leadership Program | Community-Based Research Centre-funded | 2020

- Developed curriculum, facilitator resources, and leadership-development materials for gender- and sexuality-diverse youth, emphasizing mental health literacy, resilience, peer leadership, and community engagement.

Organizational & Systems Development

Clinical Infrastructure & Service Design | Victoria Wellness | 2024–2026

- Developed operational and clinical infrastructure spanning intake, assessment, treatment planning, program curricula, client agreements, evaluation tools, practice resources, and procedures supporting service consistency, quality, and accreditation readiness.

Workflow & Organizational Effectiveness | Consulting Engagements | 2014–Present

- Design and facilitate process-mapping and organizational-effectiveness initiatives to identify workflow barriers, clarify roles and handoffs, strengthen service and project flow, and support implementation across healthcare and nonprofit settings in Canada and Europe.

Trauma-Informed Systems Development | Inner South Community Health Service, Melbourne | 2010

- Supported the first phase of an organization-wide transition toward trauma-informed practice through literature review, stakeholder interviews, staff consultation, organizational assessment, evaluation-tool development, and recommendations across multiple service sites.

HIGHER EDUCATION LEADERSHIP, TEACHING & STUDENT DEVELOPMENT

Instructor & Affiliate Graduate Faculty
School of Social Work, The University of Alabama | 2024–Present

- Teach undergraduate and graduate courses across BSW and MSW programs in face-to-face and online formats, with subject areas including mental health, clinical practice, substance use, forensic social work, social welfare, professional writing, and anti-oppressive practice.
- Serve on BSW and MSW Program Committees and contribute to curriculum review, program planning, admissions and application review, student mentorship, and continuous quality-improvement activities.
- Develop competency-aligned course content, assessments, simulations, case-based learning activities, and skills resources informed by CSWE expectations and Quality Matters principles.
- Support student development through advising, mentorship, applied feedback, professional socialization, and learning experiences designed to strengthen judgment, reflective capacity, and readiness for practice.
- Participate in university initiatives related to digital literacy, online pedagogy, curriculum innovation, and professional education.

Course Facilitator & Curriculum Consultant
University of British Columbia Extended Learning, Centre for Equitable Systems Design | 2023–Present

- Facilitate asynchronous professional education for adult learners across higher education, healthcare, nonprofit, government, and private-sector settings.
- Have facilitated 12+ offerings across equity, inclusion, intercultural practice, bias, and organizational change, providing individualized feedback and supporting application of learning to professional contexts.
- Collaborate with program leadership on academic standards, learner experience, accessibility, content updates, and continuous course improvement.

Faculty Member & Consultant
Queer & Trans Affirming Professional Certificate Program | 2022–Present

- Contribute curriculum consultation, professional training, and subject-matter expertise related to sexuality, gender diversity, mental health, and anti-oppressive practice.
- Translate specialist knowledge into applied learning for health and social-service professionals.

Adjunct Lecturer / Course Developer
Factor-Inwentash Faculty of Social Work, University of Toronto | 2020–2023

- Developed and taught *Foundations of Social Work Practice*, *Cognitive Behavioural Therapy and Social Work Practice*, and *Cybercounselling and Social Work Practice*.

Adjunct Lecturer / Course Developer
St. Jerome's University / University of Waterloo | 2020–2022

- Developed and taught two university courses in systemic therapies, anti-oppressive practice, and sex therapy.

Adjunct Lecturer
Toronto Metropolitan University, Bachelor of Social Work Program | 2018–2019

- Taught *Transformative Social Work Practice* within the BSW curriculum.

Adjunct Lecturer & Curriculum Development Consultant
Centennial College and George Brown College | 2014–2016

- Taught courses in substance use, concurrent disorders, communication, power, privilege, and oppression and contributed to curriculum development for the Addiction and Mental Health Worker Program.
- Supervised field-placement learning and supported students in translating classroom knowledge into professional practice.

Practicum Supervisor & Pedagogical Mentor
Sherbourne Health | 2016–2019

- Supervised graduate practicum students from MSW and psychotherapy programs through individual and group supervision focused on reflective practice, professional judgment, and applied learning.
- Supported development of learning goals, process recordings, final projects, and group-facilitation skills within complex practice environments.

CLINICAL LEADERSHIP & MENTAL HEALTH SYSTEMS EXPERIENCE

Strategic Consultant, Clinical Operations
Victoria Wellness Residential Mental Health Centre | 2024–2026

- Advised leadership on clinical operations, service design, practice standards, staff development, quality improvement, and accreditation readiness within a residential mental health setting.
- Developed and refined clinical procedures, assessment and treatment-planning infrastructure, evaluation tools, confidentiality standards, and practice resources supporting consistency and accountability.
- Provided reflective supervision, clinical consultation, and performance feedback while advising on team functioning and service-delivery challenges.

Mental Health Clinical Coordinator / Group Program Coordinator
Sherbourne Health | Toronto, Ontario | 2014–2020

- Coordinated group-based mental health programming, intake and referral pathways, documentation processes, practicum placements, and interdisciplinary collaboration across LGBTQ+, newcomer, and urban-health services.
- Recruited and supervised graduate practicum students and served as a liaison among learners, academic institutions, clinical programs, and internal teams.
- Contributed to service redesign, equity and access initiatives, trauma-informed programming, and clinical quality improvement.

Clinical Supervisor, External
Healthcare & Community Mental Health Organizations | 2018–Present

- Provide individual and group supervision and consultation to frontline and management staff across community mental health, HIV services, sexual-violence response, and related settings.
- Support complex case consultation, ethical decision-making, reflective practice, professional development, boundaries, and attention to team and organizational dynamics affecting service delivery.

Selected Clinical Practice Environments

- Wellspring Cancer Support Foundation, GBTQ Group Facilitator | 2024–2025
- Turning Point Youth Services, Family & Youth Cousellor | 2013–2014
- The 519 Church Street Community Centre, Counsellor | 2012–2013
- Hassle Free Clinic, STI/HIV Tester, Counsellor, and Program Coordinator | 2011–2013
- AIDS Committee of Toronto, Towel Talk | 2010–2014

RESEARCH, EVALUATION & KNOWLEDGE TRANSLATION

Doctoral Research

Doctor of Social Work, Organizational Leadership | The University of Alabama | 2024–2027 (expected)

- Developing and evaluating a psychodynamically informed workbook designed to increase awareness of resistance to change in organizational settings, with attention to the emotional, relational, and institutional dynamics that influence implementation.
- Research examines how factors including uncertainty, anxiety, grief, loyalty, shame, and identity threat can shape organizational responses to change; broader interests include reflective practice, supervision, organizational mental wellness, and the relationship between institutional environments and wellbeing.

Selected Research Experience

Research Fellow | Saint Louis Psychoanalytic Institute | 2025–Present
- Pursued psychoanalytic research related to clinical practice, teaching, scholarship, and leadership through a structured fellowship involving mentorship and public presentation.

Gina Ogden Curatorial Scholar | Kinsey Institute, Indiana University | 2025
- Conducted archival research on sexualized substance use and queer men's sexual health and developed an annotated bibliography and applied therapeutic framework.
- Produced scholarship intended to contribute to both the Kinsey Institute collections and professional practice.

Co-Investigator | TowelTalk Documentation Study | Ontario HIV Treatment Network-funded | 2012–2014
- Co-led a qualitative study examining brief counselling in bathhouse settings and contributed to development of a practice manual for frontline health workers.

Community Advisory Board Member | Access, Identity, and Men Study | 2014–2015
- Contributed community oversight, interpretation, and dissemination input to research examining sexual health, identity, and service access among South Asian men who have sex with men.

Community Advisory Board Member | Gay Strengths Study | CIHR-funded | 2011–2015
- Participated in research design, interpretation, and knowledge mobilization for a study examining resilience and strengths among gay men across Canada.

Qualitative Interviewer | Linking Molecular and Social Cluster Analyses in HIV Transmission | 2011–2012
- Conducted narrative interviews exploring risk, stigma, and social networks within a collaborative HIV research study integrating molecular and social data.

Evaluation & Applied Knowledge Translation

- Develop evaluation tools, implementation resources, facilitator guides, practice frameworks, and educational materials that translate evidence and stakeholder input into usable programs and professional resources.
- Contribute to organizational assessment and evaluation across healthcare, nonprofit, academic, and community settings, including trauma-informed systems development, clinical quality improvement, program review, and workflow mapping.
- Scholarly work spans three interconnected areas: organizational mental wellness and reflective practice; relational and sexual wellbeing; and identity, belonging, and subcultural determinants of mental health.

Research & Scholarly Affiliation

Fellow | Mark S. Bonham Centre for Sexual Diversity Studies, University of Toronto | 2021–Present
- Participate in community-engaged scholarship, interdisciplinary dialogue, and public education related to sexuality, gender, mental health, and social justice.

EDUCATION

Doctor of Social Work, Candidate | The University of Alabama | 2024–2027 (expected)
Organizational Leadership specialization

Master of Social Work | University of Toronto | 2009–2011
Mental Health and Health specialization; Collaborative Program in Addiction Studies

International MSW Placement | University of Melbourne / Inner South Health Service | 2010
Melbourne, Australia

Bachelor of Arts, Honours Psychology | University of Waterloo | 2003–2008
Minors in English Language and Literature and Political Science

Undergraduate Exchange | National University of Singapore | 2006–2007

BOOKS & SELECTED SCHOLARSHIP

Books & Edited Volumes

Thawer, R., & Khan, M. (Eds.). (2026). *Queer and Muslim: On faith, family and healing.* University of Regina Press.

Thawer, R. (Ed.). (2025). *Practice & politics: An essential reader for social workers & therapists.* Blue Cactus Press.

Thawer, R. (2025). *The mental health guide for cis and trans queer guys: Skills to cope and thrive as your authentic self.* New Harbinger Publications.

Thawer, R. (in press). *Practice and pitfalls.* Blue Cactus Press.

Thawer, R. (in press). *Practice and paradigms.* Blue Cactus Press.

Under Contract

Thawer, R. *Sexualized substance use and queer men: A guide for mental health practitioners.* Routledge.

Thawer, R. *Descriptive liberation: The mental health guide for LGBTQ Muslims.* Thornapple Press.

Thawer, R. *Relational liberation: A guide for Muslim families with LGBTQ+ loved ones.* Thornapple Press.

Selected Scholarly Publications & Works in Development

Thawer, R. (2026). *Political content as clinical process: Holding psychoanalytic and anti-oppressive tensions in contemporary social work practice.* Manuscript submitted.

Thawer, R., & James, D. (2026). *From gatekeeping to containment: Reframing disparity in social work licensure.* Manuscript submitted.

Thawer, R. (2026). *Positioning and navigation across social worlds: A framework for LGBTQ+ Muslim mental health.* Manuscript submitted.

Thawer, R. & Neves, S. *From Deviance to Dysregulation: A Justice-Oriented Framework for Reclassifying Paraphilic Disorders.* Manuscript in preparation.

Thawer, R., De Santis, C., & Posadas, M. *Interwoven frames, interwoven ethics: A reflexive decision tool for overlapping individual and couple therapy.* Manuscript in preparation.

PRESENTATIONS & PROFESSIONAL FACILITATION

More than 200 keynote presentations, invited lectures, workshops, and professional trainings delivered across universities, healthcare organizations, professional conferences, and community settings in Canada, the United States, Europe, and South Africa.

Selected Keynotes & Invited Presentations

Shame, Envy, Guilt and Anger in Organizational Life
AIDS Bereavement Program of Ontario | 2025
Invited presentation examining how difficult emotions shape organizational culture, staff relationships, leadership challenges, and responses to change.

The Matrix of Envy in Our Social and Sexual Lives
Contemporary Relationships Conference | 2024
Keynote address exploring envy as a developmental and relational phenomenon shaping identity, intimacy, sexuality, and social comparison.

LGBTQIA Mental Health: Same Labels, Different Determinants
Pennsylvania LGBTQIA Health Summit | 2023
Keynote address focused on the social, cultural, relational, and structural determinants shaping LGBTQIA mental health.

The Practice Dialogue Series with Rahim Thawer
South African College of Applied Psychology | 2022
Invited lecture series addressing contemporary clinical practice, identity, professional development, and applied reflection.

Sexuality and the Imprint of Shame
Community-Based Research Centre Summit | 2018
Keynote address examining shame in sexual development, minority stress, and relational life among sexual minority communities.

Selected Conference Presentations

Working in the Erotic Field: Desire, Containment, and Development Across Queer Therapist-Client Dyads
Conference on Contemporary Relationships, Monmouth University | 2026

A Determinants-Based Approach to Addressing the Mental Health of GBTQ Men in Social Work Practice
Society for Social Work and Research | 2026

Unconscious Oppression in Nonprofits: A Psychoanalytic and Critical Race Approach
Alabama-Mississippi Social Work Education Conference | 2025

Putting Anti-Oppression into Sex Therapy Practice
Society for Sex Therapy and Research Annual Conference | 2024

Crescent Moon: Supporting Family Members of LGBTQ Muslims
Sexuality and Social Work Conference, University of Strathclyde | 2023

Professional Facilitation & Organizational Learning

Lead Consultant & Facilitator
The Politicized Practitioner | 2014–Present

- Designed and facilitated 100+ customized workshops and organizational learning engagements for clinicians, educators, nonprofit leaders, and service providers across Canada and Europe.
- Facilitation areas include organizational change, supervision, workforce wellbeing, grief and non-death loss, trauma-informed practice, harm reduction, cultural humility, anti-oppressive practice, LGBTQ+ mental health, and equity in service delivery.
- Use case-based, experiential, reflective, and participatory methods including simulations, role plays, process exercises, and structured debriefing; evaluate learning through participant feedback, surveys, and post-facilitation consultation.
- Selected organizational clients include European AIDS Treatment Group, North York Women's Shelter, EHN Bellwoods, Ernestine's Women's Shelter, Réseau ACCESS Network, Rise Asset Development, Casey House, and Canadian public health organizations.

LICENSURE & PROFESSIONAL CREDENTIALS

Licensed Master Social Worker (LMSW) Alabama | Registration #7390G

Registered Social Worker (RSW) Ontario College of Social Workers and Social Service Workers | Registration #819571

Certified Clinical Supervisor (CCS) Canadian Counselling and Psychotherapy Association | Membership #11252765

SELECTED ADVANCED PROFESSIONAL DEVELOPMENT

Leadership, Organizational Practice & Supervision

Executive Leadership in the Not-for-Profit Sector
NYU Silver School of Social Work | 2023 | 20 hours

Intensive Balint Leadership Training
American Balint Society | 2023 | 19.25 hours

The Supervisory Relationship
Gestalt Institute of Toronto | 2022–2023 | 30 hours

Practical Clinical Supervision for Psychotherapists
Institute for Self-in-Relationship Psychotherapy | 2021 | 30 hours

Higher Education, Pedagogy & Digital Learning

SW 760 Independent Study: Online Pedagogy and Instructional Leadership
The University of Alabama | Fall 2026

Quality Matters Higher Education Teaching Online Certificate
Quality Matters | In progress, expected October 2026

Advanced Relational & Clinical Practice

Fundamentally Satir Intensive
Virginia Satir Center / University of North Carolina | 2025 | 40.5 hours

Psychodrama Training Intensive
Psychodrama New Jersey | 2025 | 25 hours

Professional Certificate in Psychosexual Therapy
Contemporary Institute of Clinical Sexology | 2024 | 204 hours

Advanced Assessment and Diagnosis
NYU Silver School of Social Work | 2019 | 14 hours

Gestalt Theory and Practice, One-Year Professional Program
Gestalt Institute of Toronto | 2015–2016 | 150 hours

HONOURS & RECOGNITION

Gina Ogden Curatorial Scholarship for Integrative Approaches to Sex Research and Therapy
Kinsey Institute, Indiana University | 2025

Humanitarian Award
American Association of Sexuality Educators, Counselors and Therapists | 2025

Mary Smith Arnold Anti-Oppression Award
Counselors for Social Justice, American Counseling Association | 2025

Honorary Award in Education
South Asian Americans for Change | 2025

DSW Award for Writing to Advance Social Work and Social Justice
The University of Alabama | 2025

Distinguished Leader Award, Toronto Area
Ontario Association of Social Workers | 2024

Champion Award, 25 Champions / 25 Years
Alliance for South Asian AIDS Prevention | 2020

Proud to Shine Toronto Community Award
Canadian Broadcasting Corporation | 2018

Toronto Book Awards Shortlist, *Any Other Way: How Toronto Got Queer*
City of Toronto | 2017